

# 6

Name: \_\_\_\_\_

Practice Record Due Date: \_\_\_\_\_

**ONLY TIME ON YOUR INSTRUMENT CAN BE COUNTED!  
FOR 100%, PRACTICE MUST EQUAL 5 DAYS A WEEK, 15 MINUTES PER DAY.**

If you have a valid reason for not practicing (illness/family illness) please write in your excuse for that day for consideration.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Minutes	Minutes	Minutes	Minutes	Minutes	Minutes	Minutes

For full minutes of practice, you must:

1. Have at least 4 days of practice
2. Warm up each session
3. Review scales each session
4. Set 2 specific goals per session using APPROPRIATE practice techniques to reach them
5. Answer end of the week questions.

Total Minutes: \_\_\_\_\_

Good Warm-up Techniques	
W1	WW Mouthpiece/Reed Only (Head joint for Flute)
W2	Brass Mouthpiece buzz
W3	Watch embouchure in mirror
W4	Brass: lip slurs
W5	Snare rudiment work (list which one)

Good Performance/Practice Techniques			
P1	Tap foot and Count	P10	Record and listen
P2	Count and Finger Along	P11	"Tah" and finger
P3	Sing Note/Articulation and Finger	P12	Add one note at a time
P4	End with run through	P13	Practice with metronome
P5	Look for patterns	P14	Play rhythm on one pitch
P6	Percussion count out loud	P15	Start slow, speed up
P7	Work on small chunks	P16	5x in a row with no mistakes
P8	Take out slurs	P17	Mark key notes/signatures
P9	Subdivide while playing	P18	Work on the end and back up

Day:

Warm-up Techniques:

Scale(s) Review:

Material/Music	Goal	Technique?	Work?	Technique?	Work?
			Yes/No		Yes/No
			Yes/No		Yes/No

Day:

Warm-up Techniques:

Scale(s) Review:

Material/Music	Goal	Technique?	Work?	Technique?	Work?
			Yes/No		Yes/No
			Yes/No		Yes/No
			Yes/No		Yes/No

Day:

Warm-up Techniques:

Scale(s) Review:

Material/Music	Goal	Technique?	Work?	Technique?	Work?
			Yes/No		Yes/No
			Yes/No		Yes/No
			Yes/No		Yes/No

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Day:

Warm-up Techniques:

Scale(s) Review:

Material/Music	Goal	Technique?	Work?	Technique?	Work?
			Yes/No		Yes/No
			Yes/No		Yes/No
			Yes/No		Yes/No

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Day:

Warm-up Techniques:

Scale(s) Review:

Material/Music	Goal	Technique?	Work?	Technique?	Work?
			Yes/No		Yes/No
			Yes/No		Yes/No
			Yes/No		Yes/No

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**End of the week questions (in complete sentences)**

What part of your playing got better this week? Which do you need to work on next week?

Which technique of practice worked the best for you this week?

Parent Signature: \_\_\_\_\_